The Techlore Checklist

Zone 1
- Password Manager
- Strong Password For Manager
- 2 Factor Authentication
- Only Trusted Web Extensions
- DuckDuckGo or Startpage Search
- Paid VPN Service
- No Real Social Media Information
- No Strangers on Social Media
- No Social Media Public Comments
- Disable Social Media Permissions
- Obfuscated Social Media Pics
- Secret Google Number OR iNumbr
- Disable Phone Usage Data
- Active VPN on Phone
- Phone Location Mostly Off
- Phone Bluetooth Mostly Off
- Remove Unused Apps
- Disable PC Usage Data
- Active VPN on PC
- PC Location Mostly Off
- PC Bluetooth Mostly Off
- Remove Unused Programs

2 POINTS EACH

Zone 2
- iMessage or Signal
- Protonmail or Own Server
- iPhone or Stack Android Phone
- Wipe Storage Free Space Often
- Encrypt SDD
- Encrypt Android Devices
- Only Use Traditional Password
- Change Default Router Password
- Hide Router SSID
- No Chrome/Chromium Browser
- Use Privacy Extensions in Video
- Disable Flash in Browser
- Disable Javascript in Browser

4 POINTS EACH

Zone 3
- Switch to Linux
- No PC Location/Bluetooth
- Password on BIOS
- Password on Drives
- Delete Google Data
- Ditch Google!
- Ditch Social Medial
- Flip Phone OR Custom ROM
- No Phone Location/Bluetooth
- Use Tor Browser on PC
- Use Tor Browser on Mobile
- Spend Money With Prepaid Debit Cards or Cryptocurrencies

6 POINTS EACH

Zone 4
- No Phone or Flip Phone (No Text, Custom ROM OK)
- Spoof MAC Address
- Prevent Social Eng. Steps in Video
- Erase Identity Steps in Video

8 POINTS EACH

Techlore Scoring

0-30 Unsecure
30-70 Low Security
70-100 Moderate Security
100-160 Techlore Secured
160-200 Techlore Max Security